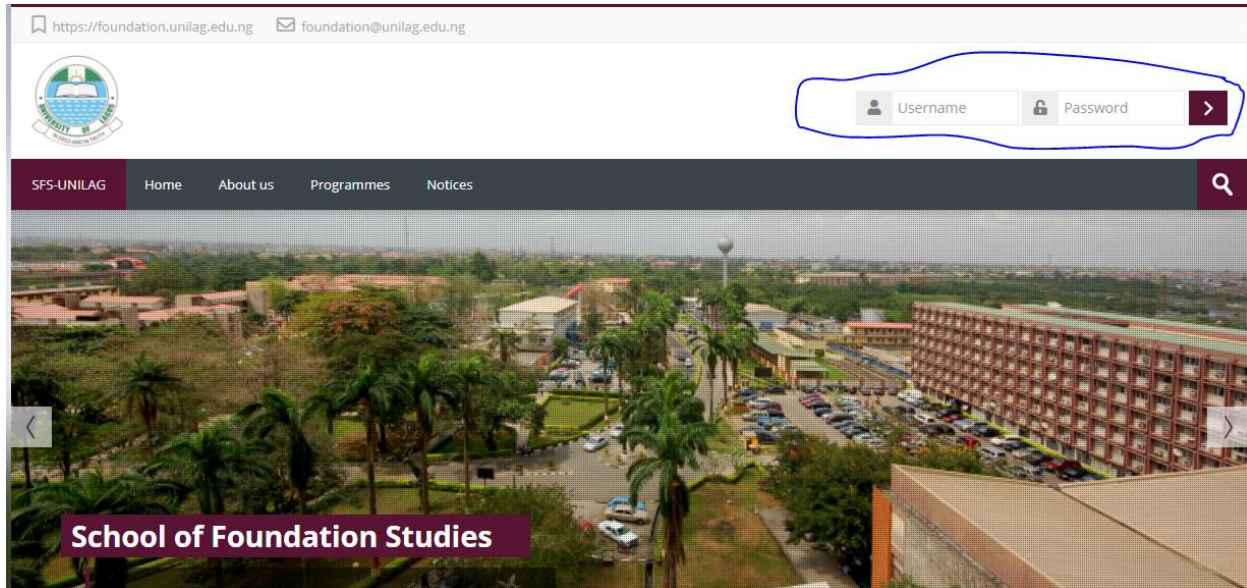
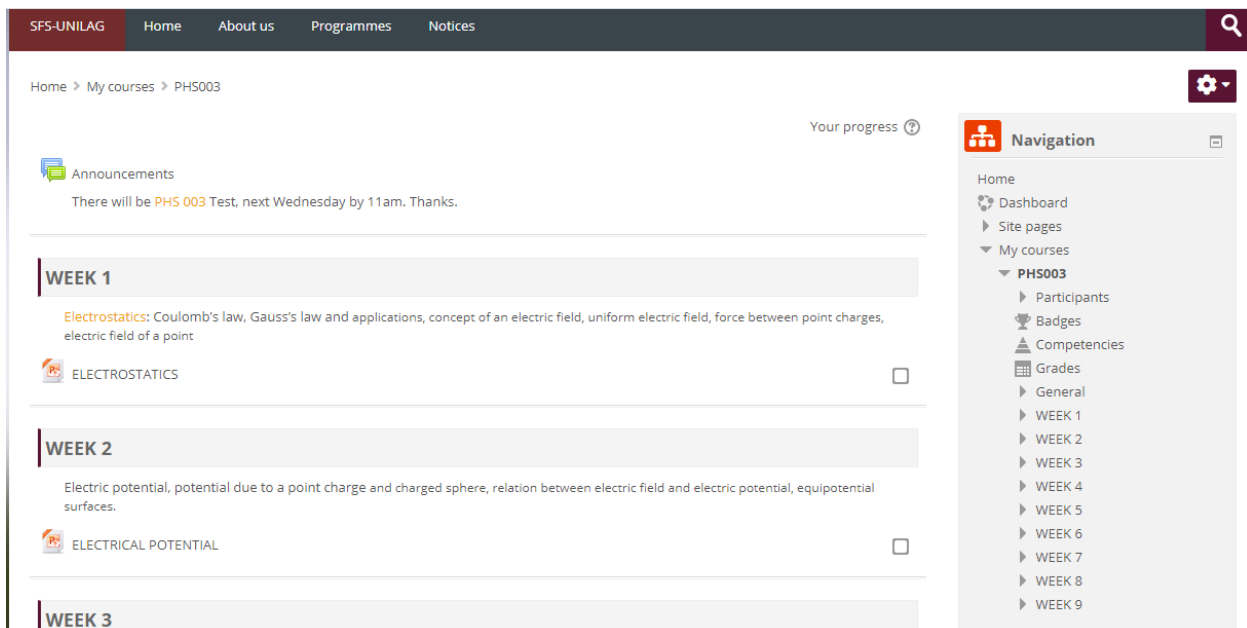


1. Visit [foundation.unilag.edu.ng/lms](https://foundation.unilag.edu.ng/lms) from your browser. Or you go to the School of Foundation Studies website and click on Study Online.
2. Type your username and password. Contact your Course Coordinator for your Username in case you do not know it.



3. Click on Courses to locate your courses.
4. Check announcements, download course materials, ask questions, chat with your lecturers and e-tutors



5. You can also update your profile on the LMS.
- 6.

The screenshot displays the SFS-UNILAG LMS interface. At the top left is the university logo. The navigation bar includes 'SFS-UNILAG', 'Home', 'About us', 'Programmes', and 'Notices'. The user 'A. O. Adewale' is logged in as a 'Student'. A dropdown menu is open, showing options: Dashboard, Profile (circled in blue), Grades, Messages, Preferences, Log out, and Return to my normal role. Below the navigation bar, the page shows 'Home > My courses > PHS003'. An 'Announcements' section contains a message: 'There will be PHS 003 Test, next Wednesday by 11am. Thanks.' The 'WEEK 1' section is titled 'Electrostatics: Coulomb's law, Gauss's law and applications, concept of an electric field, uniform electric field, force between point charges, electric field of a point'. Below it is a quiz titled 'ELECTROSTATICS'. The 'WEEK 2' section is titled 'Electric potential, potential due to a point charge and charged sphere, relation between electric field and electric potential, equipotential surfaces.' A 'Navigation' sidebar on the right lists: Home, Dashboard, Site pages, My courses, PHS003 (expanded), Participants, Badges, Competencies, General, WEEK 1, WEEK 2, WEEK 3, WEEK 4, WEEK 5, and WEEK 6.

- 7.
8. You can see your grades under Grades.
9. Look out for assignments and quiz under Announcements or Weekly activity.